

DEVELOP THE DYNAMICS AND COHESION OF YOUR TEAM: UNLEASH THE FULL COLLECTIVE POTENTIAL

Strengthen cohesion, encourage mutual support and unleash the full potential of your teams to achieve ambitious collective results.

ON THE AGENDA:

- **Understanding the mechanisms of team dynamics:** Identify the key factors that influence cooperation, motivation and collective effectiveness.
- **Develop trust and strengthen bonds:** Implement practices to encourage listening, mutual respect and solidarity within the group.
- **Improve communication to facilitate exchanges:** Learn how to create a climate of open, constructive and solution-oriented exchanges.
- **Mobilise talent and value complementarity:** Identify each person's strengths, promote complementary skills and align efforts towards common goals.
- **Prevent and manage tensions:** Adopt concrete strategies to anticipate conflicts, defuse tensions and maintain a positive working environment.

INTERACTIVE TRAINING

INTERACTIVE



CUSTOMISED



INNOVATIVE



HUMAN-CENTRED



Prepare, practise and progress with our innovative tools and human-centred approach!

- **Online preparation:** Access our Shareforce Academy platform for videos, a detailed programme and interactive modules designed to meet your individual needs.
- **Flexible programme:** Choose a one-day or multi-day course, with collaborative workshops and case studies that promote interactive and human-centred learning.
- **Proactive approach:** Learn key concepts before each session to maximise your impact, with personalised support.
- **Personalised follow-up:** Benefit from interactive tools and ongoing support to deepen your knowledge between sessions, with a focus on your personal development.

Artificial intelligence at the service of your progress

Throughout the training, we will also use artificial intelligence as a cross-functional tool to enrich analysis, compare data, generate ideas and facilitate decision-making. You will discover the fundamentals of its use and explore how AI can become a concrete lever for gaining efficiency and relevance in your professional activities.

Give your teams the keys to lasting and effective cohesion. Sign up and give your team a new lease of life!